

**DRAFT Program Overview**  
**2018 CAIS Head's Institute**  
**A Retreat for Reflection, Connections and Conversation**  
**July 4 - 6, 2018 Victoria, BC**

**Purpose:**

Facilitated by Peter Sturup and Martha Perry, this retreat will enable CAIS Heads the opportunity for a time to get away, share thoughts and insights, learn from speakers, engage in dialogue, get perspective and have the conversations with colleagues that we never seem to have the time to do.

Day 1 – Wednesday July 4	
10:00 to 12 noon	Registration
12:30	Lunch
<b>1:00</b>	<b>Introductions, Expectations and Some Mindful Thinking</b>
<b>2:00</b>	<b>Opening Session - Being the Head of School</b> – A facilitated discussion with the participants <b>Reflective Time and Journaling</b> – What questions would I like further clarity on?
3:00	Break
<b>3:15</b>	<b>Opening Session (2)</b> – Dealing with the Adults of the School <b>Reflective Time and Journaling</b> – What questions would I like further clarity on?
5:00	Personal Time
6:00	Dinner
<b>7:00</b>	<b>Session 2: The Art of Storytelling</b>
9:00	Close

Day 2 - Thursday July 5	
7:30	Breakfast
<b>8:00</b>	<b>Session 3 – Work/Life Balance</b> – Life Purpose/Personal Mission Statement
10:00	Break
<b>10:15</b>	<b>Session 4 – Leading Others</b> – Asking Powerful Questions and Listening

12:00	Lunch
<b>1:00</b>	<b>Session 5 – Leading Others – Giving Powerful Feedback</b>
<b>3:00</b>	<b>Session 6 - Book Club</b>
<b>4:00</b>	<b>Session 7 - Leading Others – Shifting Perspectives</b>
5:30	Personal Time
7:00	Wine and Cheese Reception – Art of Leadership winners/speeches, Graduation Dinner 9:00-11:30 Graduation Celebration

<b>Day 3 - Friday July 6</b>	
7:30	Breakfast
<b>8:00</b>	<b>Session 8 – Clearness Part 1</b>
<b>10:00</b>	<b>Session 8 – Clearness Part 2</b>
<b>12:00</b>	<b>Wrap Up – Looking Back/Looking Ahead</b>
1:00	Close